



Cheshire and Wirral
Partnership
NHS Foundation Trust

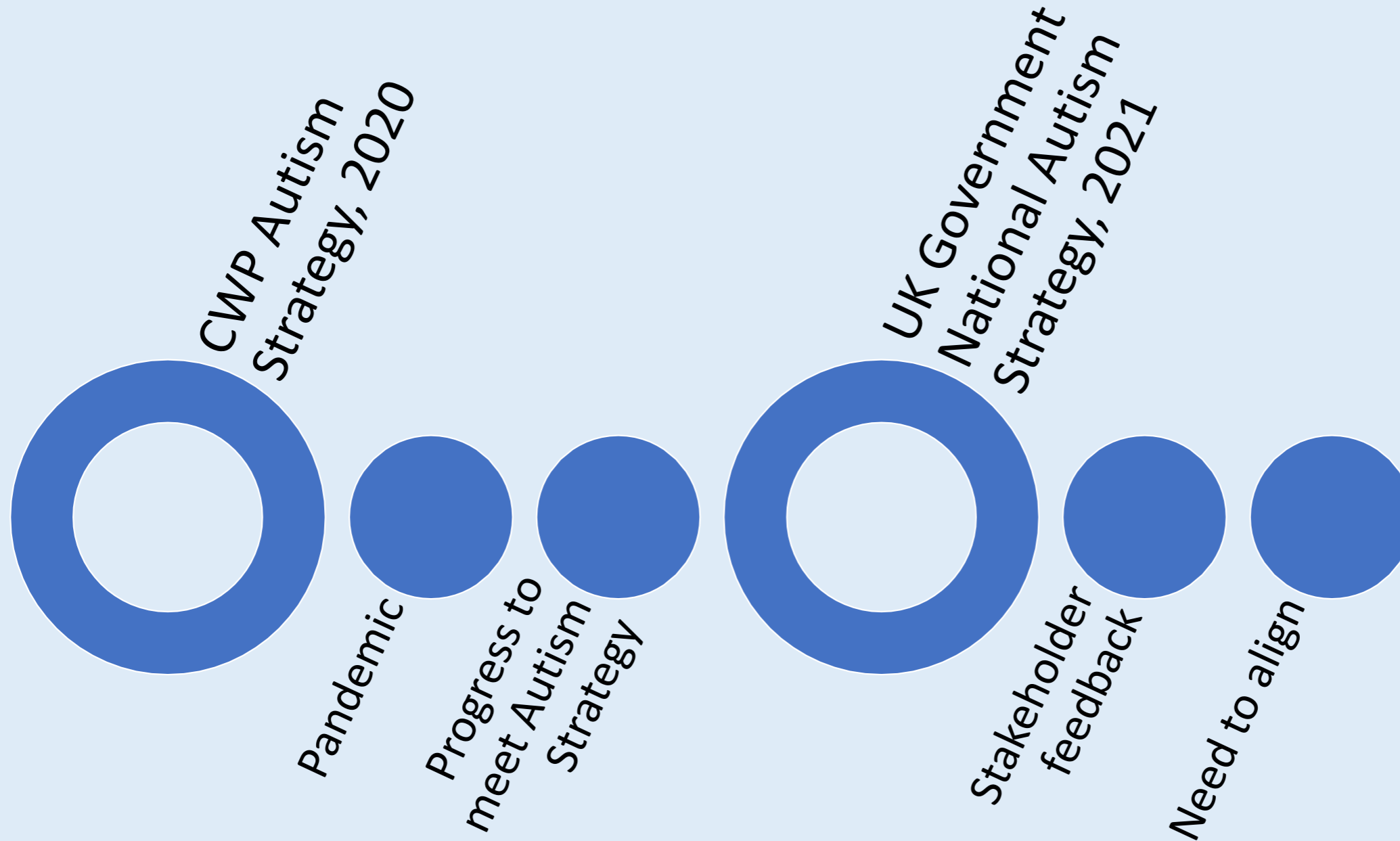
CWP's Autism Strategy

December 2023



Helping people to be
the best they can be

Why review?





Our Changed Vision is
to deliver a positive experience for
all autistic people
whether they are accessing our
services or working in our
organisation

Our Aims



1. improving understanding and acceptance of autism within society
2. improving autistic children and young people's access to education, and supporting positive transitions into adulthood
3. supporting more autistic people into employment
4. tackling health and care inequalities for autistic people
5. building the right support in the community and supporting people in inpatient care
6. improving support within the criminal and youth justice systems

Milestones and Metrics in 2026

<i>Workforce development</i>	<i>Quality of service provision and delivery</i>	<i>Working with partners/ stakeholders</i>
<p>All clinical services will have a Level 3 Autism Specialist.</p> <p>Clinical services with a high volume of complex autism patients will all have a Level 4 Highly Specialist Expert.</p> <p>CWP will contribute to training at local, regional, national, and international levels</p>	<p>We will have significantly improved the experience of autistic people accessing care and treatment from our services, moving toward our vision that all autistic people will have a positive experience of care and treatment.</p>	<p>We are leading the training, education and development of autism services across Cheshire and Merseyside.</p> <p>We will support other health and care organisations to improve standards and services for all autistic people, including will include research, training and development work to reduce and ultimately eliminate premature morbidity and mortality from physical and mental health conditions.</p>

Key impacts to date

<i>Workforce development</i>	<i>Quality of service provision and delivery</i>	<i>Working with partners/ stakeholders</i>
<p>Growing recognition of volume of autistic people accessing universal services across CWP and need to adapt to meet their needs, supported by Oliver McGowan Level 1</p> <p>Autism Ambassadors (68) and Autism Champions (34) across all Care Groups in corporate services, supported by Trust-wide Autism Clinical Specialist and Training Lead</p> <p>Clinical staff attending the PG Certificate in Neurodevelopmental Disorders at Chester University</p>	<p>Autism Advice sessions (for teams, about individuals patients, for line managers and staff)</p> <p>Reasonable Adjustments checklists (picked up by HEE)</p> <p>Waiting times remain significant due to rising demand/ commissioned capacity</p> <p>Focus on pre-diagnostic support and developing the CYP and adult diagnosis pathways</p> <p>Better experiences around inpatient transition/ inpatient stay</p> <p>Improved engagement with lived experience advisors</p>	<p>On-line External Autism Hub – set of resources</p> <p>On-line internal Autism Hub</p> <p>Autism Hubs in the Community</p> <p>Autism awareness for EDs</p> <p>Forensic LDA Skills development project</p>

Resourcing the strategy

<i>Workforce development</i>	<i>Quality of service provision and delivery</i>	<i>Working with partners/ stakeholders</i>
<p>Greater awareness of autism and understanding leading to positive engagement from staff</p> <p>The Autism Clinical Specialist and Training Lead role (part-time) has been pivotal in supporting individual cases and teams</p> <p>Oliver McGowan training – remains a challenge to finance this programme</p>	<p>Pro-active feedback</p> <p>Waiting lists – commissioned capacity vs demand</p> <p>Supporting autistic people following diagnosis</p>	<p>On-line Autism Hub – set of resources</p> <p>Autism Hubs in the Community</p> <p>Autism awareness for EDs</p> <p>Forensic LDA Skills development project</p>



Discussion/Any Questions?

www.cwp.nhs.uk/AutismStrategy