

Appendix 3

Falls Action Plan September 2023

Priority in Strategy	Action	Progress Notes	Progress	When
0) Strategy	Refresh falls prevention strategy	Strategy produced in draft. Approval needed.	Underway	24 September 2023
1) Engagement	Improve engagement with NWS	Meetings held but NWS appear to have lack of capacity to engage fully	Ongoing	01 October 2023
1) Engagement	Improve engagement with Housing Associations + Strategic Housing	Work underway	Ongoing	01 November 2023
2) Services	Conduct refresh training on falls with care homes	Trainer identified, discussions taking place	Underway	01 October 2023
2) Services	Increase number of home hazard assessments conducted	Maximise opportunities for HHAs to take place by getting Home Care staff, Talking Books Service, OTs to perform them.	Underway	01 November 2023
2) Services	Increase referrals to commissioned services for users at risk	Services include Tech Enabled Care, One You, Community Equipment. Referrers include Healthwatch, LACs, Communities staff, VCFSE, GPs, SCAs.	Underway	01 October 2023
2) Services	Launch modified strength and balance programme in a care home	Currently being developed	Underway	01 October 2023
2) Services	Reduce falls risk within residential homes via Falls Sensors	Funding being provided for this via ICB	Complete	14 September 2023
2) Services	Explore Stand Strong outreach classes to other locations	Initial discussions held	Ongoing	01 December 2023
3) Comms	Work as a group to develop and implement new comms plan inc. promotion of classes	Comms plan produced for falls awareness week	Complete	23 September 2023

3) Comms	Run a Falls Awareness Week (18-23 Sept 23)	Press release, leaflet distribution etc	Underway	23 September 2023
3) Comms	Promote issue of falls via drop-ins	Drop-in sessions arranged at GP Practices	Ongoing	01 October 2023
4) Data	Update the Falls JSNA	Refresh JSNA where straightforward to bring more up to date. Nearly complete.	Complete	01 June 2023
4) Data	Gather more evidence on why people are falling	Falls coordinators to facilitate via multifactorial risk assessments	Underway	01 December 2023
4) Data	Refresh mapping document on falls service pathways	Falls coordinators	Complete	01 September 2023
5) Strategies	Ensure any new place related strategies consider falls	New Health and Wellbeing Strategy takes account of falls	Ongoing	24 March 2024
5) Strategies	Link with Places over maintenance of pavements/gritting	To be conducted	Ongoing	01 December 2023