



## Admiral Nurses

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Admiral Nurses are mental health nurses specialising in dementia care, working collaboratively with health and social care professionals and voluntary organisations to improve the experiences of those affected by dementia.

Admiral Nurses offer individualised support for family carers and people with dementia, which entails comprehensive assessment of need and provision of a range of therapeutic approaches designed to promote emotional well being and equip family carers with skills and information.

Admiral Nursing was established as a result of the experiences of family carers. Admiral Nurses are named after Joseph Levy who had vascular dementia and was known as “Admiral Joe” due to his keen interest in sailing.

**Dementia UK** is a national charity which works in partnership with the NHS, local authorities and other organisations to promote and develop Admiral Nursing and to support the practice of Admiral Nurses.

# The specialist role of Admiral Nurses

**Admiral Nurses work in partnership with family carers and people with dementia. The services they offer can include:**

- Skilled person-centred assessments of the needs of family carers and individuals with dementia
- Psychological support to help family carers and people with dementia understand and deal with their feelings and emotions
- Relevant information in the appropriate amount of detail and in a way that can easily be understood
- Practical advice
- Helping family carers to develop and improve skills in care giving
- Clear guidance about how appropriate services and sources of support can be accessed in local areas
- Liaison with other professionals and organisations to ensure that families obtain co-ordinated support
- Therapeutic, psycho-educational and social support groups for family carers
- Referral to treatment and support services

Admiral Nurses work with family carers of all ages and people with any form of dementia including Alzheimer's disease, vascular dementia, Pick's disease, Lewy Body dementia and fronto-temporal dementia.

## How can I find out more?

- Contact your local Admiral Nursing service



- Call or email Admiral Nursing DIRECT
- Contact Dementia UK

## Admiral Nursing DIRECT

Support for family carers, people with dementia and professionals

T 0845 257 9406 [direct@dementiauk.org](mailto:direct@dementiauk.org)

## Dementia UK

6 Camden High Street, London NW1 0JH

T 020 7874 7210 F 020 7874 7219

[info@dementiauk.org](mailto:info@dementiauk.org) [www.dementiauk.org](http://www.dementiauk.org)

If you would like to make a donation to support the work of Dementia UK, please call **0845 257 3310** or visit **[www.dementiauk.org/donate](http://www.dementiauk.org/donate)**