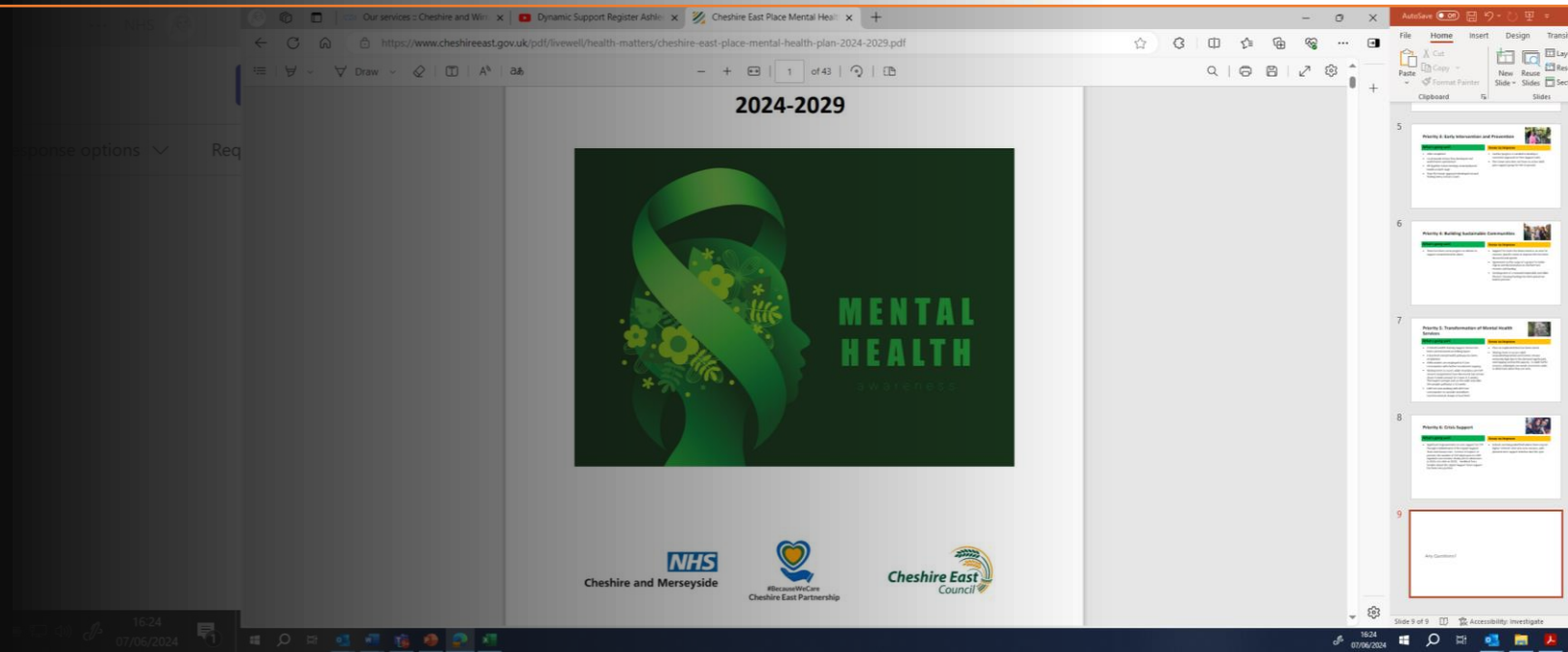


Cheshire East Place Mental Health Plan (2024-2029) Update by the CE Mental Health Partnership Board

Adults and Health Committee –
24 June 2024



Cheshire East Mental Health Partnership Board (MHPB)

We will strive to ensure good mental health and well-being for people who live in the borough of Cheshire East

**Reports to:
Cheshire East Health and Wellbeing Board**

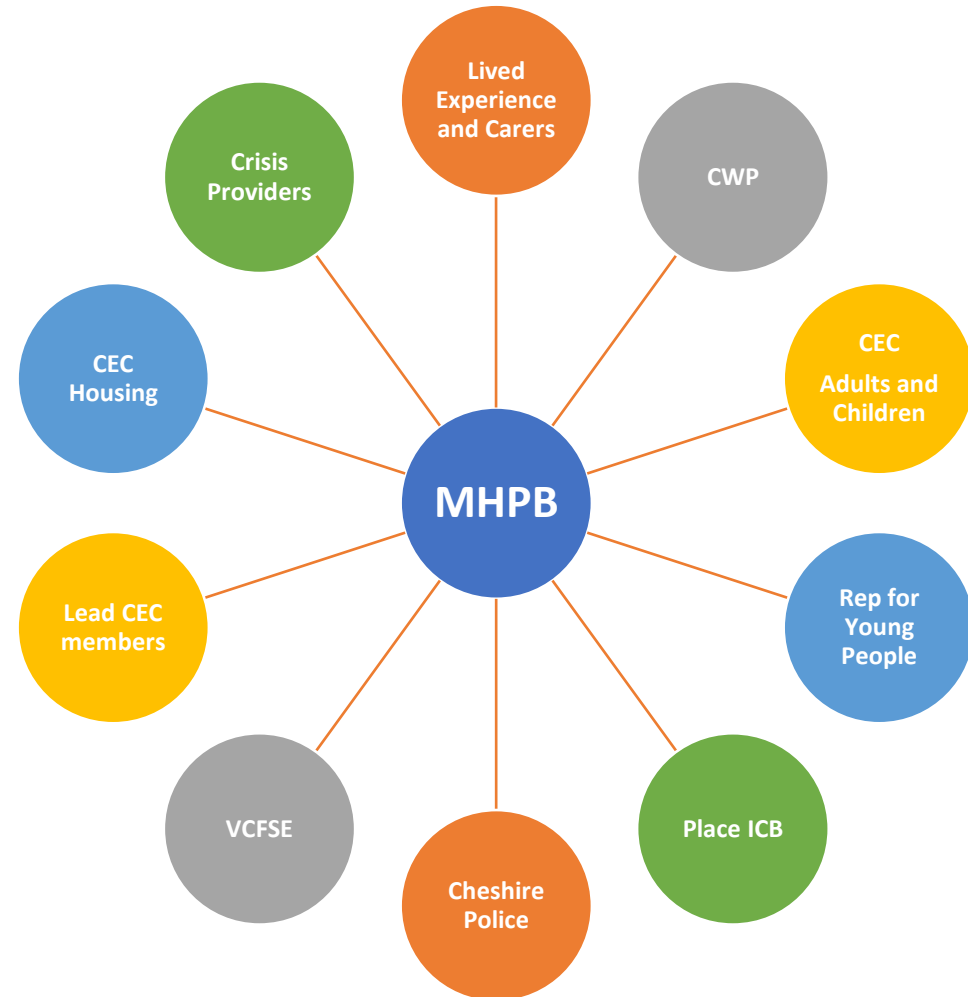
Provides updates on the implementation of the Cheshire East Place Mental Health Plan to:

- Adults and Health Committee**
- Children's and Families Committee**

Updates are provided on request

MHPB Membership

- The MHPB is made up of partners from a range of organisations including health, the local authority., police, VCFSE sector and people with lived experience.
- Many of the partners have their own plans/strategies and workstreams which have been aligned and reflected in the development of the Cheshire East Place Mental Health Plan



Working with other lived experience groups/forums

Representatives from lived experience groups/forums attend the MHPB including:

- **Cheshire East Parent Carer Forum**
- **East Cheshire Mental Health Forum (Macclesfield/Congleton, adults)**
- **Cheshire East Carers Forum**
- **Representative from the Children and Young People's Co-Production Workstream**

CEC Communities Team will be working with the MHPB to re-establish an adult user led forum in Crewe in 24/25 to ensure representation from this local area.

How do people with lived experience work with the MHPB?

- Lived experience members play a key role and have been involved on the MHPB since it was established in 2019.
- They also input into the meeting agenda and have a dedicated item at each meeting.
- Lived experience groups/forums were consulted with about the Cheshire East Place Mental Health Plan from the beginning and were able to input and raise concerns for both carers and children. These were then included in the plan.

“Being on the board allows the PCF to keep updated on all changes as they happen. We can also raise any concerns directly, get answers to these, and then communicate them back to the parents and the forum.”

Sarah, Cheshire East Parent Carer Forum

UNCLASSIFIED

Monitoring of the Cheshire East Place Mental Health Plan 2024-2029

- Monitoring of the plan is being undertaken on a bi-monthly basis
- Each meeting focuses on specific priorities from the plan
- Nominated Lead Officers submit a highlight report detailing progress updates and provide a verbal updates at meetings
- Officers can obtain feedback, collaboration opportunities and also escalate items which require further support.
- The board has a risk register in place, which contains identified actions to explore and mitigate their impact.



**Monitoring of the
Cheshire East Place
Mental Health Plan**

Priority 1: Children and Young People's Mental Health and Emotional Wellbeing



What have we achieved?

- Waiting times for CYP MH initial appointments (Choice appointments) have decreased since November 2023
- The JSNA for CYP Emotional Mental Well-being has been completed and published
- Positive feedback from children and young people, teachers and parents about the My Happy Mind programme, which offers digital resources to support children in schools
- Demonstrable, positive co-production with children and young people across a range of activities/ topics.
- The Family Hub workstream successfully reached its PbR (payment by results) target for Supporting Families for April and May 2024.

What will we do next?

- Roll out the As One Platform – digital platform of resources for children and young people ([CEC – Education Team](#))
- Further implementation of My Happy Mind Programme, with final evaluation report in October 2024 ([CEC – Education Team](#))
- Delivery of focus groups with cared for children and care leavers so that they can develop recommendations for change to local leaders ([CEC - Youth Support](#)).

Areas for improvement?

- Waiting times for CYP MH treatment appointments (Partnership appointments) and for neurodevelopmental assessments have increased since November 2023. The longest waits are for autism and ADHD assessment in Cheshire East at 20 weeks (each). This position is reported across all areas (UK) and a national ADHD workstream has been announced. Ongoing discussions between [CWP](#) and the [ICB](#) are underway to address capacity to meet demand.

Priority 2: Education, Employment and Training



What have we achieved?

- Positive uptake of Senior Mental Health Lead roles in schools across the footprint.
- An Individual Placement and Support service is in place to help people with mental health needs access employment.
- The Supported Employment Strategy is now at draft stage.

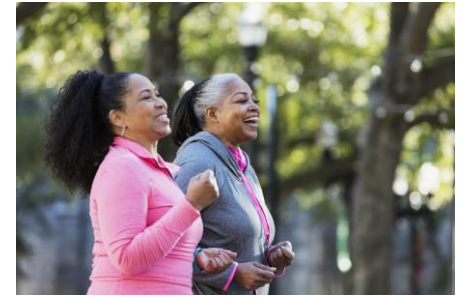
What will we do next?

- Supported Employment Strategy will be finalised and approved by A&H Committee in November 2024 ([CEC – Supported Employment Team](#))

Areas for improvement?

- Some isolated and rural schools are struggling to release staff time to engage with the Senior Mental Health Lead programme. Rural isolated schools will be supported to access a bespoke offer by [CEC Education Team](#).

Priority 3: Early Intervention and Prevention



What's going well

- Local Suicide Action Plan developed and workstreams operational
- All Together Active Strategy around physical health at draft stage
- Train the trainer approach developed around Making Every Contact Count

What will we do next?

In Q3 24/25 the [CEC Communities Team](#) will be working to:

- Develop a consistent approach to Peer Support roles through the development of a framework.
- Reestablish an adult user led forum for Mental Health in Crewe.

A new lead for physical activity and health commenced with Active Cheshire from 20th March ([Active Cheshire](#))

Areas for improvement?

Work towards producing a Monitoring & Evaluation Framework for C&M All Together Active, including associated outcome measures and methods ([Active Cheshire](#))

Ongoing development of CE Physical Activity action plan and partnership. ([Active Cheshire](#))

Priority 4: Building Sustainable Communities



What have we achieved?

- There has been some progress in relation to support around domestic abuse
 - MDT has been established to support people at risk of homelessness
 - Joint working with Domestic Abuse Services, Health and CEC Suicide Prevention Lead on workplan to improve support for people

What will we do next?

- Support for carers has been raised as an area for concern. Specific action to improve this has been discussed and agreed (CEC – Urgent and Emergency Care & Adults, Health and Integration)

- Agreement on the scope of a project to tackle stigma and discrimination in Cheshire East remains outstanding (All partners)
- Work with Health colleagues to identify funding for an offer of DA support in primary care (e.g. IRIS model) (CEC – Children and Families and CWP)
- Development of a renewed Vulnerable and Older Persons' Housing Strategy (CEC – Strategic Housing Team)

Areas for improvement?

- Trauma informed recovery programme to be developed for people experiencing domestic abuse in addition to mental ill health and/or problematic substance use (CEC – Children and Families and CWP)

Priority 5: Transformation of Mental Health Services



What have we achieved?

- A Mental Health Floating Support Service has been commissioned with Making Space
- Low level mental health pathway established to support individuals to step down from hospital back into the community
- Additional Roles Reimbursement Scheme (ARRS) workers working across Primary Care able to triage individuals and link in with social prescribing, and are now employed in 4 Care Communities
- Waiting times to access adult secondary care MH services (outpatients) have decreased but remain above 4 weeks (except for Crewe at 3 weeks). The longest average wait on the adult and older MH peoples pathways is 12 weeks.
- CWP are now working with all 8 Care Communities to consider and deliver transformational change at local level

What will we do next?

- Review lower level mental health pathway in light of any funding implications in relation to Rapid Response outreach service from 1 July 2024 ([CEC – Adults Commissioning Team](#))
- Further engagement with the provider market will be undertaken to develop new service models for people with complex needs ([CEC – Adults Commissioning Team and ICB](#))
- Monthly wait list meetings are focusing on monitoring and support, including impact of nurse-led assessment clinics. There is an away day on 1st July 24 to look in detail at waiting list activity, data etc. ([CWP](#))

Areas for improvement?

- Waiting times to access adult neurodevelopmental assessments remain extremely high due to the demand significantly outstripping contracted capacity. This position is reported across all areas (UK) and a national ADHD workstream has been announced. [CWP](#) and [the ICB](#) are working to address the issue with the available funding.



Priority 6: Crisis Support

What have we achieved?

- Significant improvements in crisis support offer for children and young people through establishment of the Urgent Support Team and Ancora Care which provide support in the community and admissions avoidance
- In terms of impact, at present, the number of Children and Young People admissions to CWP inpatient care remains steady (13 CE admissions in 2023, 6 to date in 2024).
- Feedback from families about the Urgent Support Team support has been very positive.

What will we do next?

- Evaluation of CYP UST offer is expected in October 2024 (CWP)
- Contract management of the community crisis beds will move from the ICB to CWP
- Work with Crisis Cafes to promote the services with accessible information on the services in other languages and easy read information being launched (CEC – Adults Commissioning Team and CWP)

Areas for improvement?

- Schools are being identified where there may be higher 'referral' rates into crisis services, with planned extra support initiative due this year. (CWP)

Overall Assessment

- There is demonstrable progress across the Priorities with some commitments already completed. There is a high level of engagement from partners in this work.
 - Areas for focused attention include:
 - Improving support for carers
 - A deep dive into support at Styal Prison
 - Supporting rural and isolated schools
 - Addressing waiting times (CYP and adults)
-



Any Questions?