

**Appendix 3 – 1 page summary of
Cheshire East Health and Wellbeing Board Five Year Delivery Plan 2023-28**

Cheshire East

Vision:

To enable people to live a healthier, longer life; with good mental and physical wellbeing; living independently and enjoying the place where they live

In Cheshire East we have defined 4 core outcomes we are committed to delivering:

1. Cheshire East is a place that supports good health and wellbeing for everyone
2. Our Children and Young People experience good physical and emotional health and wellbeing.
3. The mental health and wellbeing of people living and working in Cheshire East is improved
4. That more people live and age well, remaining independent and that their lives end with peace and dignity in their chosen place

To maximise the health and wellbeing of Cheshire East's residents, we have identified a number of core principles underpinning the Joint Local Health and Wellbeing Strategy (2023-28). These principles focus around providing value for money, improving population health and decreasing unwarranted variation, alongside delivering the best individual and Carer experience. The plan recognises that staff must also be supported ensuring that they also have a positive experience. In Cheshire East we have adopted a number of 'Golden Threads' that support these principles: -

- Place – improving the environment and making the healthy choice the easy choice.
- Prevention – tackling the risk factors that lead to poor health.
- Proportionate universalism – tackling inequalities with an offer for all but the greatest efforts focussed on those with the greatest need.
- Partnership working – public and VCFSE services working together closer to where people live.
- Proactive care – early diagnosis and intervention.
- Person-centred approaches – looking at the whole person and prioritising what matters to them through shared decision making.
- Production through engagement – reviewing programmes and allocating resources across the whole system to where they will help most.

We have threaded tackling health inequalities throughout place plans and there will be a focus on the recommendations in the Marmot report 'All Together Fairer'. This will be supported by additional work around Core20PLUS5 and Population Health Management with targeted interventions to support vulnerable groups. We will continue to radically reshape the care delivered, to empower residents and place them at the centre of a seamless, integrated system of support. In doing this, we will

co-design and co-produce these changes with residents and frontline staff to ensure they work for all.

There are a number of enablers that will support the work these are: People and Leadership (Workforce), Digital Solutions, Business Intelligence, Communications and Engagement, Estates and Finance.

In Place we have identified a number of priority core themes for example Urgent and Emergency Care, Planned Care, Mental Health, Social Care, Frailty and Falls prevention, Cancer care, Healthy Weight. Work across these areas will include a focus on:

- Further development of our Care Communities
- Improving Diagnostics
- Maintaining Acute sustainability (Including the work relating to East Cheshire NHS Trust and plans to reopen to births at Macclesfield Hospital and Sustainable Hospitals Services Programme)
- Ensuring Elective Recovery

[Link to Local Plan \(Note: Links to local plans to be added as they are published.\)](#)