

CHESHIRE EAST HEALTH AND WELLBEING BOARD
Reports Cover Sheet

Title of Report:	Update on development of an Integrated Care System across Cheshire and Merseyside and in Cheshire East
Report Reference Number	HWB 10
Date of meeting:	24 th January 2023
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Executive Summary

Is this report for:	Information <input checked="" type="checkbox"/>	Discussion <input checked="" type="checkbox"/>	Decision <input type="checkbox"/>
Why is the report being brought to the board?	The establishment of the integrated system was a significant change to NHS organisational structures with the explicit aim of further integrating health and care service planning and delivery. This paper provides an update on progress.		
Please detail which, if any, of the Health & Wellbeing Strategy priorities this report relates to?	Creating a place that supports health and wellbeing for everyone living in Cheshire East <input type="checkbox"/> Improving the mental health and wellbeing of people living and working in Cheshire East <input type="checkbox"/> Enable more people to live well for longer <input type="checkbox"/> All of the above <input checked="" type="checkbox"/>		
Please detail which, if any, of the Health & Wellbeing Principles this report relates to?	Equality and Fairness <input type="checkbox"/> Accessibility <input type="checkbox"/> Integration <input type="checkbox"/> Quality <input type="checkbox"/> Sustainability <input type="checkbox"/> Safeguarding <input type="checkbox"/> All of the above <input checked="" type="checkbox"/>		
Key Actions for the Health & Wellbeing Board to address. Please state recommendations for action.	To note the report.		

<p>Has the report been considered at any other committee meeting of the Council/meeting of the CCG board/stakeholders?</p>	<p>The report has not received any prior consideration.</p>
<p>Has public, service user, patient feedback/consultation informed the recommendations of this report?</p>	<p>Not applicable.</p>
<p>If recommendations are adopted, how will residents benefit? Detail benefits and reasons why they will benefit.</p>	<p>Not applicable as the recommendation is to the note the report.</p>

Report Summary

The report presents progress with the development of an integrated care system for Cheshire and Merseyside and more specifically Cheshire East. Good progress has been made in setting up partnership governance and our focus is now moving to planning – specifically likely the challenging context for 2023/24.

Recommendations

To note the report.

Reasons for Recommendations

The report provides update information on the establishment of an integrated care system regionally and locally.

Impact on Health and Wellbeing Strategy Priorities

The closer and more joined up working of health and care services will support the achievement of those health and wellbeing strategy priorities that can be delivered by health and care organisations including in our role as anchor institutions.

Key Points

The integrated care system across Cheshire and Merseyside

The integrated care system comprises the integrated care board, and the integrated care partnership - possibly confusingly called the health and care partnership (HCP).

The HCP has held its initial meeting. All nine local authorities are represented on it, and the chair is the leader of Cheshire West and Chester Council. At its next meeting it will be asked to approve an interim strategy for publication. This will be followed by a five-year joint forward plan.

The draft forward plan will be ready at the end of March, with formal publication scheduled for end June. In the intervening three months all health and well-being boards will be asked to support the plan.

Just before Christmas the NHS published its annual planning guidance to the NHS. The three overarching themes are to:

- Recover our core services and improving productivity.
- Make progress in delivering key NHS long term ambitions.
- Continue transforming the NHS for the future.

A summary of the planning guidance on a page is attached in appendix A.

Winter pressures, Covid, higher than usual numbers of patients with flu, and industrial action have all combined to present health and care services with some of the greatest challenges ever seen. These challenges are reflected locally.

The Cheshire East health and care partnership

Following an inclusive selection process Isla Wilson has been appointed to chair the health and care partnership board, with Councillor Jill Rhodes serving as vice-chair – both for 2023.

Place governance arrangements are now set, with all groups formally established and meeting on a regular basis. Former CCG staff are currently going through a slotting in or ring fence process to determine whether they will be working at a place, pan multiple places, or at a Cheshire and Merseyside level. A description of current groups and committees within the partnership is provided in appendix B.

In November 2022 the partnership received additional non-recurrent money – directed via health and social care – to support the accelerated discharge of medically optimised patients from hospital. The recent focus has been to confirm that all approved schemes have been mobilised, and more importantly that the desired impact is being achieved. Although it is still early days, there are positive signs of reductions in the numbers of patients in hospitals who remain as inpatients despite being medically optimised for discharge, and also emergency department attendances. See appendix C. Monitoring will continue over the next few months.

The Place leadership group have confirmed their commitment to working at a neighbourhood level, which in Cheshire East means our eight care communities.

Access to Information

The background papers relating to this report can be inspected by contacting the report writer:

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Appendix A - 2023/24 Planning guidance and priorities: Brief guide from NHS England – December 2022

To help provide certainty for local health and care teams, NHS England has published its annual Priorities and Operational Planning Guidance. ICBs are asked to work with system partners to develop plans to meet the objectives set out in this guidance before the end of March 2023.

The 2023/24 planning guidance sets out three core priorities informed by three underlying principles:

Core priorities

Recovering our core services and improving productivity
Make progress in delivering the key NHS Long Term Plan ambitions
Continue transforming the NHS for the future

Underlying principles

Smaller number of national objectives which matter most to the public and patients
More empowered and accountable local systems
NHSE guidance focused on the “why” and “what”, not the “how”

Headline ambitions for recovering our core services and improving productivity

Improve ambulance response and A&E waiting times.
Reduce elective long waits and cancer backlogs, and improve performance against the core diagnostic standard.
Make it easier for people to access primary care services, particularly general practice.

Recovering productivity and improving whole system flow are critical to achieving these objectives, and we must collectively address the challenge of staff retention and attendance. Throughout all the above will be a focus on narrowing health inequalities in access, outcomes and experiences, and maintaining quality and safety in our services, particularly in maternity services.

Delivering the key Long Term Plan ambitions and transforming the NHS

We need to create stronger foundations for the future, with the core goals of the NHS Long Term Plan our ‘north star’. These include our commitments to:

- Improve mental health services and services for people with a learning disability and autistic people.
- Continue to support delivery of the primary and secondary prevention priorities and the effective management of long-term conditions.
- Ensure that the workforce is put on a sustainable footing for the long term, including publication of a NHS Long Term Workforce Plan.
- Level up digital infrastructure and drive greater connectivity, including development of the NHS App to help patients to identify their needs and get the right care in the right setting.

Local empowerment and accountability

ICSs are best placed to understand population needs and are expected to agree specific local objectives that complement the national NHS objectives. As set out in Operating Framework, NHS England will continue to support the local NHS [integrated care boards (ICBs) and providers] to deliver their objectives and publish information on progress against the key objectives set out in the NHS Long Term Plan.

Funding and planning assumptions

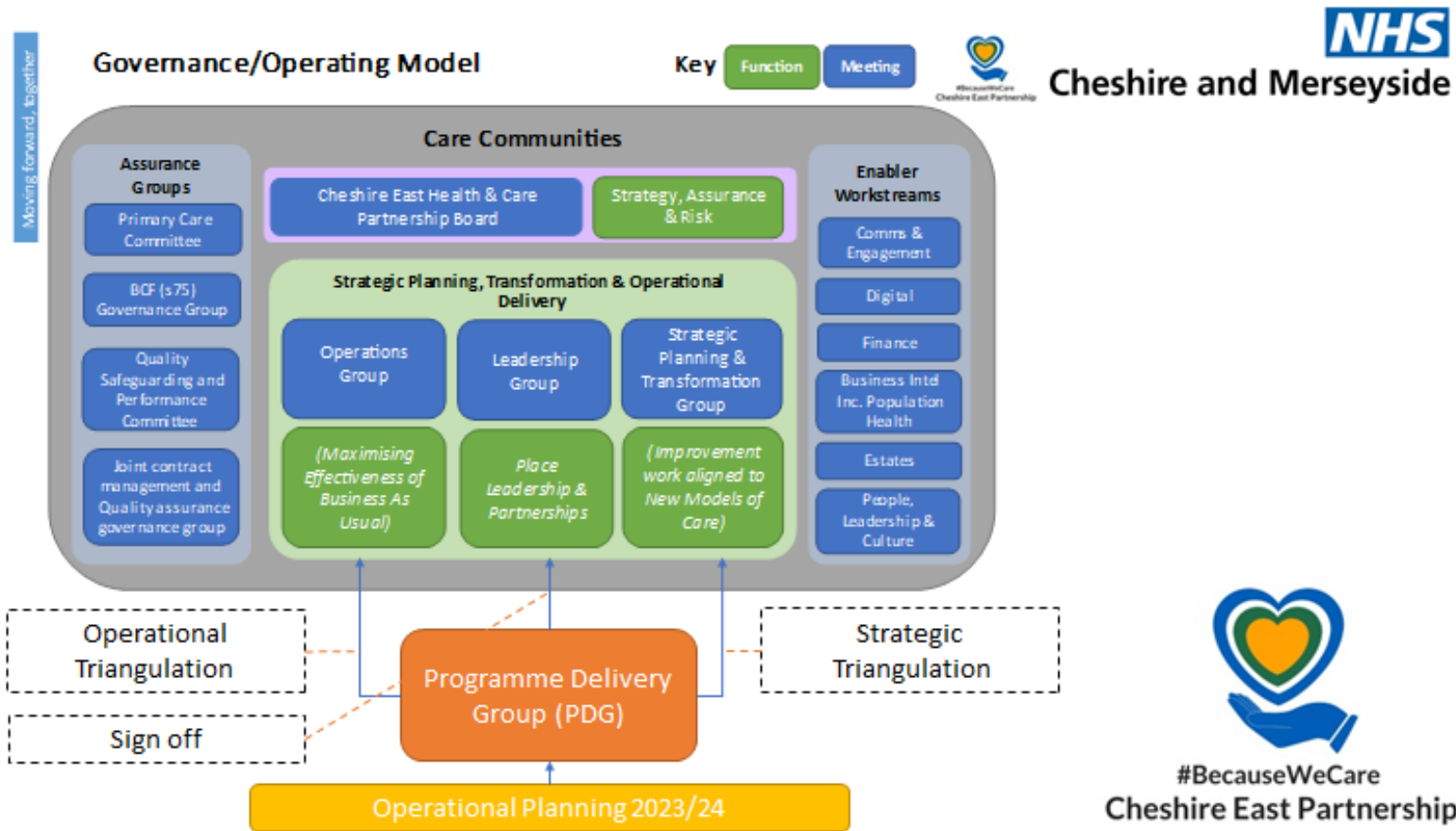
The Autumn Statement 2022 announced an extra £3.3 billion in both 2023/24 and 2024/25 for the NHS to respond to the significant pressures we are facing. We are issuing two-year revenue allocations for 2023/24 and 2024/25. At national level, total ICB allocations [including COVID-19 and Elective Recovery Funding (ERF)] are flat in real terms with additional funding available to expand capacity. Core ICB capital allocations for 2022/23 to 2024/25 have already been published and remain the foundation of capital planning for future years. ICBs and NHS primary and secondary care providers are expected to work together to plan and deliver a balanced net system financial position in collaboration with other ICS partners.

Further reading

Full planning guidance documents and supporting guidance can be read here on the NHS England website.

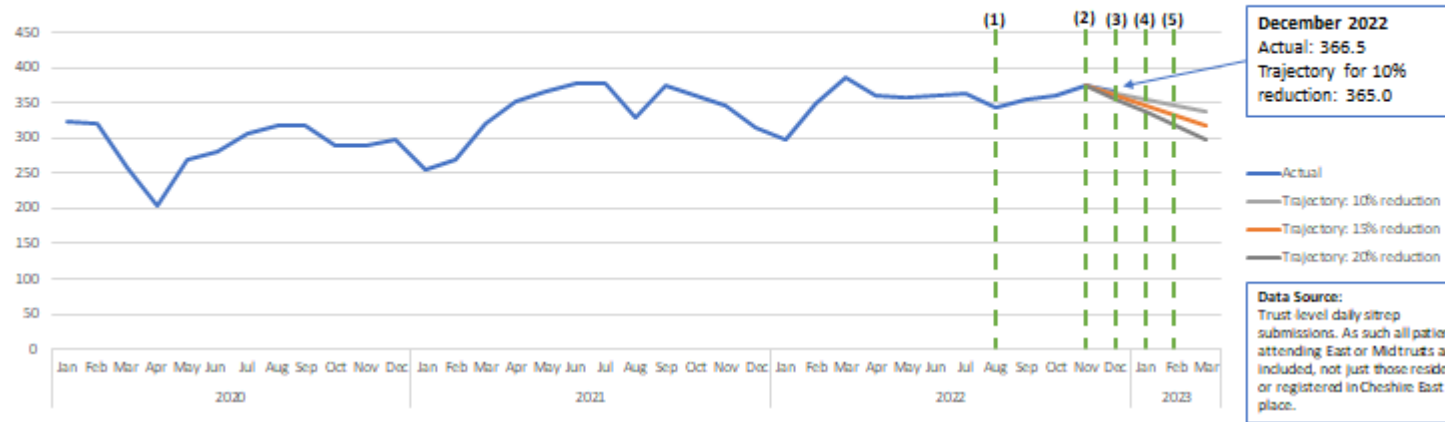
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Appendix B – Health and Care Partnership Boards and Groups



Appendix C – Accelerating Discharges: Initial Performance

UEC metrics – Average daily type 1 A&E attendances – East and Mid trusts



Initiatives aimed at reducing A&E attendances

Footprint: both providers (black); East (blue); Mid (green).

(1) August 2022 - existing operational Home First services

- NHS 111
- Mental Health Crisis Line Assessment Services
- Accurate Directory of Services (DOS)
- Care4CE Mobile nights
- Community 2-hour Crisis Response
- Community Intervention Beds step up beds (St Catherine's – Station House)
- Primary and Community Care Teams
- Care Home Support Service - provided by the End of Life Partnership
- Advanced Dementia Support Service - provided by the End of Life Partnership
- Care communities offer

(2) November 2022 - new Interventions (with all of the above continuing)

- 9th - High intensity Support Workers ECT & MCHFT
- 28th - Rough Sleepers pathway operational

(3) December 2022 - new Interventions (with all of the above continuing)

- NWAS process to be agreed. Objective, UCR take calls from the stack and become the first responder to falls in the community where appropriate.
- Winter Access Fund for Primary Care
- Contingency budget for market restructuring and transport - fuel cost support for care at home providers
- Approved Mental Health Practitioners Cover, evenings & weekends for ECT and MCHFT

(4) January 2023 - new Interventions (with all of the above continuing)

- Care4CE mobile nights service to support people at home during the night
- Mental Health Respite - Rapid Response Service
- Challenging behaviour training for Care Homes

(5) February 2023 - new Interventions (with all of the above continuing)

- Frailty Emergency Assessment Unit

UEC metrics – Average daily number not meeting criteria to reside excluding discharges – East and Mid trusts



December 2022
 Actual: 184.2
 Trajectory for 40% reduction: 184.7

— Actual
 — Trajectory: to 20% reduction
 — Trajectory: to 30% reduction
 — Trajectory: to 40% reduction

Data Source:
 Trust-level daily sitep submissions. As such all patients attending East or Mid trusts are included, not just those resident or registered in Cheshire East place.

Initiatives aimed at reducing total discharge volumes Footprint: both providers (black); East (blue); Mid (green).

(1) August 2022 - existing operational Home First services

- Mental Health Reablement
- Community Equipment
- Community Reablement
- Rapid Response Care Via Routes and Evolving Care – Support Hospital Discharge
- General Nursing Assistants Hospital Discharge
- D2A Community beds
- Resilience Beds to support P1 discharges
- Virtual Wards Home O/metry
- British Red Cross discharge to home service
- Personal Health Budgets to support discharges
- Careers Payments to facilitate rapid discharge
- St Pauls Hospital Discharge Support delivered via Community Voluntary Sector

(2) September 2022 - new interventions (with all of the above continuing)

- 1st - 4-week assistive technology offer at the point of discharge
- 5th - Community Connectors deployed into Transfer of Care Hub
- 5th - Reablement Workers deployed into Transfer of Placements
- 5th - Bridging Placements of Care packages GNA & Reablement
- 12th - Home First OT Therapist & Reablement 72 discharges
- 14th - Community Voluntary Services St Michael's & St Paul's support
- ISL in reach support for MH patients contract extended

(3) October 2022 - new interventions (with all of the above continuing)

- 17th - Carers Pilot Launched MCHFT
- Virtual Waitlist to support Rapid discharge
- Overseas additional community capacity Cherished Care

(4) November 2022 - new interventions (with all of the above continuing)

- 25th - AT equipment to be located in Transfer of Care Hubs
- 28th - Community equipment remote stores to be operational and accessible 7 days
- 28th - Remote Carers payment offer
- 28th - OGL – Drug and Alcohol Service linked to transfer of care hub

(5) December 2022 - new interventions (with all of the above continuing)

- Expansion of respiratory Virtual Wards
- Assistive Technology & Gantry Hoists to reduce double handling care packages
- Emergency Housing accommodation for prevention and discharge (for homeless people)
- Housing Grant to support overseas staff recruitment for existing commissioned providers
- Hospital Discharge Premium Payment & Prevention Scheme
- Additional hospital transport for discharges for evenings & weekends
- Additional Acute Pharmacy capacity to support hospital flow
- Rapid Response Care to support hospital discharge – South of the Borough
- Acute Trust Discharge support for ECT & MCHFT:-
 - Hospital discharge Co-Ordinator's x2 ECT & x2 MCHFT
 - East Cheshire Trust additional OT support

- Health Care Assistants x2 linked to Home First Occupation Therapy Model
- Occupational Assessment Therapy Flat (Risley House, Macclesfield) to support individuals to return home
- Male only unit (8 beds) at Risley House, Macclesfield, for challenging behaviour
- ED Mental Health in reach specialist Support Workers to support people awaiting discharge
- Short stay beds to support discharges
- Care robots to free capacity in the care home market

(6) January 2023 – new interventions (with all of the above continuing)

- Increase General Nursing Assistant Capacity care at home via CDICP
- Transfer of Care Hub, Nurses and additional Social Workers to support discharges out of ED and out of hospital
- Mental Health step down supported living flats (4) 1st Enable in Crewe
- Wilmslow Manor 6 general nursing beds, Henning Hill 6 general nursing beds

Other:

- Additional discharge coordinator to work across rehab to support timely discharge and create flow
- Housing Support and Recovery in reach support to OWP wards to facilitate discharge