



Easy Read Version

Cheshire East Place Dementia Plan 2023 to 2027

Working for a *brighter future* together

This is the easy read version of the plan. Some of the words with special (or specific) meanings **are in orange**. There is a Glossary (Word Book) at the back of this document which explains what these words mean.'

Links to other local documents

The plan links in with work described in other key plans and strategies

Our Vision

- Our vision is to improve the lives of people affected by dementia.
- The Council, **Cheshire and Merseyside Integrated Care Board (ICB)** and our partners intend to work together, to support to people with dementia and their families and carers We will work with individuals living with dementia, their carers, and families.
- The plan is for **everybody** in Cheshire East who lives with dementia, their families, and carers.



Background Information







- In Cheshire East there are estimated to be 5,725 people over the age of 65 living with dementia *(NHS Digital)*.
- 18% of Cheshire East's population is over the age of 65.
- 3,840 people have been told they have a form of dementia in Cheshire East *(NHS Digital)*
- 67% of people with Dementia in Cheshire East have a recorded **diagnosis**
- There were 113 adults aged between 30 and 64, predicted to have Early Onset Dementia in Cheshire East in 2020 *(Projecting Adult Needs and Service information (PANSI))*
- In Cheshire East we have 23% of our population who are over 65. This is higher than in other places.







Dementia is a term used to describe a set of symptoms which may include memory loss, difficulties with thinking, problem-solving or language.

Some recommendations from the general Plan



Below are some of the recommendations from the general plan:

	<p>Improving diagnosis and care for people living with dementia</p>
	<p>Make sure that all people living with dementia have equal access to diagnosis</p>
	<p>Make sure there is good information and advice and support which is available to people and carers</p>
	<p>Better access to information on what can be accessed to help with money</p>
	<p>Provide information that can also be accessed by those who do not have access to the internet or do not like using computers</p>
	<p>Support people living with a Learning Disability or Young Onset dementia to join in services and to stay in work.</p>

	<p>Increase awareness and reduce stigma</p>
	<p>Provide support groups for those living with dementia and their carers (including in rural areas)</p>
	<p>Make sure that people living with dementia can access support, groups and services via public or local charity transport which is dementia friendly (including those living in rural areas).</p>
	<p>Those living with dementia, their carers and families, also need to access Out of Hours support.</p>
	<p>We will work towards having a greater availability of community housing options suitable for people with dementia</p>
	<p>People with a diagnosis of dementia should be given the chance to plan for the future at an early stage.</p>

OUR OVERARCHING PRIORITIES



Preventing Well

- To improve the way, we communicate and work together with others
- To raise awareness of dementia amongst staff and the local people to reduce the **stigma** associated with it
- To continue our learning about the needs of our local population who are affected by dementia

Diagnosing Well

- To make the changes needed to help people to get their diagnosis as early as possible

Supporting Well

- To ensure good information, advice and support is available to **all**, throughout their dementia journey.
- To ensure that Health and Social Care work together to provide care and support to those affected by dementia

Living Well

- To make sure that there are different options for people living with dementia and their carers, which are organised and take place locally.
- To give residents living with dementia the ability, opportunity, authority, and power, to have a voice and say in shaping their community and the support that they receive

Dying Well (Planning and Caring Well)

- To work with partners, to enable early conversations with people with dementia and their carers about **advance planning** and **end of life care**, so that people can plan ahead and ensure they are fully involved in decisions at the end of their life.
- To enable people to die with the care and support they need, in a place they value, with the people important to them close by.
- To make sure there are enough groups to provide ongoing **peer support** for those living with dementia and their carers.
- To ensure that carers are supported **pre and post bereavement**.
- To ensure that the relevant English Law is applied (where necessary) to support any decisions made where early advance planning has not been considered or undertaken.



Our next steps

Ambitions (Priorities)

The Cheshire East Dementia **Steering** Group has developed several high-level **ambitions** which set out how we will improve the experience of local people affected by Dementia. The Steering Group is a partnership group consisting of **statutory**, voluntary and local dementia friendly community representatives.

These are detailed in action plans covering each pathway of the plan.

We have followed the **NHS England Dementia Pathway** when we have developed the plan.

Actions

The action plans have been developed by looking at the good practice we have found and most importantly what people, who have taken part in our survey and exercises, where we asked all the people involved in the dementia journey, what they need and what their concerns are, have said.

Dementia Steering Group

The Group will meet regularly to keep track and discuss items again to ensure we make changes or decisions about any progress.

We will keep checking that this plan is making a difference to the experience of people living with dementia and their carers and families.

General

We know that to really meet the needs of the person it is important to listen to them. So, we will involve people living with dementia and their families in helping us to do this.

We will continue to re-visit our vision to ensure that **lived experience** not only remains central to the plan but helps to measure the impact of it.

Glossary (Word Book)

Advance Planning	Is a way to think ahead
Age-Appropriate	Something which is suitable or right for people of a particular age
Ambitions	What we want to achieve / make happen
Cheshire and Merseyside Integrated Care Board (ICB)	The group who plans and buys healthcare services for the people of Cheshire
Dementia	Dementia is not a specific disease but is rather a general term for the reduced ability to remember, think, or make decisions that gets in the way of doing everyday activities. Alzheimer's disease is the most common type of dementia

Diagnosis	The process of identifying a disease, condition, or injury from its signs and symptoms
End of Life Care	Care given to people who are near the end of life and have stopped treatment to cure or control their disease
Equal	Same for each person
Ethnic Minorities	a particular ethnic group (a group of people with a shared culture, tradition, language, history, etc.)
Inclusively	something done in a way that includes everyone or everything
Lived experience	Someone's personal knowledge about the world gained through direct, first-hand involvement
NHS England Dementia Pathway	A guide to the care and support that a person living with dementia requires at each stage of their journey
Out of Hours	Is time outside of normal working hours.
Overarching	Is something that includes or affects everything or everyone
Peer Support	Is when people use their own experiences to help each other
Pre and post bereavement	Before and after someone dies

Stakeholders	any people or groups who are positively or negatively impacted by a project
Statutory	If something is statutory, it is related to or set by laws
Steering	To steer work started by others. The people who are part of the group use their experiences, skills and knowledge to help make decisions.
Stigma	A set of negative and often unfair beliefs that a society or group of people have about something

CONTACT US



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